



# Healthy Mom's Prenatal Class

Expectant parents will learn the latest information on fetal development, nutrition, prenatal healthcare, and much more!

Offered the Fourth Friday of the Month

10:00 to 11:00 AM

YWCA in room 222

Childcare provided for free

Earn 100 Points for Attending!

Meeting Dates:

March 27	*August 14
April 24	September 25
May 22	October 23
June 26	*November 20
July 24	*December 18



## Little Stork Play Group



This fun interactive group is specially designed to enrich your child's development and encourage early learning!

Offered the Second Tuesday of the Month

1:30 to 2:30 PM

Various Locations

(check with coordinator for details)

Earn 100 Points for Attending!

Meeting Dates:

March 10	August 11
April 7	September 8
May 5	October 13
June 9	November 10
July 7	December 8

If you have any  
Questions contact the  
Stork's Nest Coordinator  
(319) 291-2065 ext. 125