



# O.T. NEWS



## Valentine Smoothie

- 1 cup vanilla yogurt
- 1 ripe banana sliced
- 2 tablespoons strawberry jame
- 1 tablespoon honey
- 3 - 4 drops of red food coloring

In a blender add all of the ingredients. Cover blender and blend on high until smooth and foamy. Pour into glasses and serve.

## Strawberry Cheesecake French Toast

- 1 cup mashed fresh strawberries
- 1/2 cup white sugar
- 2 tablespoon cornstarch
- 1 cup water
- 1 cup milk
- 6 eggs
- 1 (8 oz.) package cream cheese, softened
- 1 teaspoon vanilla
- 3/4 cup white sugar
- 8 slices bread, cut in half diagonally
- 1 tablespoon butter
- 1 tablespoon powdered sugar for dusting
- 1 cup whipped cream



Heat mashed strawberries and 1/2 cup of white sugar in a saucepan over medium heat. Mix cornstarch and water together in a bowl, stir into the strawberries. Cook and stir until thickened. Reduce heat and simmer. Whisk milk and eggs in a bowl. Mash cream cheese, vanilla and 3/4 cup of white sugar in a bowl until smooth. Spread cream cheese mixture over triangle-shaped bread and cover with another triangle piece of bread. Heat butter in a large skillet over medium heat. Dip the sandwiches into egg mixture. Place in skillet and cook until golden brown on both sides. To serve top with strawberry sauce and a dollop of whipped cream and dust with powdered sugar.



## February Birthdays

Leian Kammeyer (Fiscal)	2/7
Brenda Curry-Thompson	2/21
Cassidy Monaco (ELFS)	2/27



## February Employment Anniversaries

Joe Card (WX)	16 years
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**Operation Threshold will be closed  
Monday, February 20  
for**



## OT's Wellness Reimbursement Program

Since this is the time of year we are all trying to keep those New Year's resolutions from fading away, we wanted to remind you of our wellness reimbursement program. Here is how the program works. Employees can be reimbursed for a number of health improvement items and services. Reimbursable items include:

Health Club/Gym membership fees

Weight management program fees

Fitness Equipment (weights, exercise machines, fitness videos)

Over the counter smoking cessation products or smoking cessation programs

Running/walking shoes *(limited to one pair per calendar year per employee & no other types of clothing or apparel will be reimbursable)*

The maximum reimbursement for any given purchase will be \$20.00 per month for any qualifying purchase. The cost of the purchase over the maximum reimbursement will not be reimbursed (the most you can receive is \$20.00 per month, regardless of the cost of the item or service). The item or service must be purchased within the month for which we are issuing reimbursements.

*Ex: Purchasing a \$30.00 monthly membership will allow you to be eligible for the \$20.00 maximum each month. Purchasing a \$500.00 treadmill will allow a one-time \$20.00 reimbursement for the month in which it was purchased.*

The maximum reimbursement amount can be reduced if the total amount submitted for reimbursement by all employees exceeds the amount that is budgeted. Should this happen, a weighted average of the reimbursements will be used to determine the new reimbursement amount up to the total of the reimbursement budget.

To receive your reimbursement a reimbursement form (the blue travel/meal reimbursement forms – under the section “other”) needs to be completed and will be due to Craig Boche in the month following the quarter. For deadline dates see Appendix “C” of your employee personnel policy manual. Reimbursement forms must have dated receipts attached (or copies of you bank statement in the case of automatic withdrawal) stating what product/service was purchased. The reimbursement will appear on your regular paycheck as a taxable benefit.

For details of the program or to ask any questions contact Craig.

